What to do When God Seems So Far Away

The mind is a very powerful mechanism. So powerful a mechanism is the mind that many of us believe it has more power over us than we actually have over it. As a result of this belief we give way to feelings, emotions, assumptions and presumptions that are often the furthest from the truth.

The notion that God would somehow leave us, forsake us, or forget about us is at best our mind giving way to a feeling that was created to make us lose sight of the hope we have in a God who is always as close as the breath we breathe.

And so when it seems as if God is far away, we must remember to:

Believe God
God is not a man that He should lie. Therefore, if He says that He will never leave us nor forsake us, we have to believe that He won't. Period. Point blank.

Dismiss the Lies
Whether it's the dismalness of a crisis, or the pessimism of a faithless friend, we have to stand ready to rebuke the lies—even if it means standing alone. There are some things we just have to know that we know so that when confronted with the lie we can call it what it is.

Tame Your Thoughts
It may be true that none of us can fully control what thoughts enter into our mind. However, all of (lest we suffer from a mental illness) can control what we do with the thoughts that enter into our mind. The problem is too many of us are too quick to welcome and entertain ill-serving thoughts instead of rejecting them.

Pray That Much More Fervently
There is nothing like the power of prayer to shift the energy of the atmosphere within us or around us. With all of modern day advances in technology and medicine, there is still no greater force known to man than prayer to heal, right wrong, deliver, change or save.